



## Scoops Gourmet Cookie Dough

# Nutritional Information

<b>OATMEAL CHOCOLATE CHIP</b>	
<b>Nutrition Facts</b> <b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie) Portion 1 1/2 tbsp (30 g/1 biscuit) Servings Per Container approx. 60 Portions par contenant environ 60	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 6 g	<b>9 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 10 mg	<b>3 %</b>
<b>Sodium / Sodium</b> 85 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 18 g	<b>6 %</b>
<b>Fibre / Fibres</b> 1 g	<b>4 %</b>
<b>Sugars / Sucres</b> 9 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

**OATMEAL CHOCOLATE CHIP INGREDIENTS:**  
wheat flour, oats, sugar, semi-sweet chocolate chips (sugar, unsweetened cocoa butter, dextrose, soy lecithin, vanilla extract), modified palm and palm kernel oil and liquid canola oil margarine, liquid whole eggs, invert sugar, molasses, water, sodium bicarbonate, natural flavour, salt.

<b>DOUBLE CHOCOLATE</b>	
<b>Nutrition Facts</b> <b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie) Portion 1 1/2 tbsp (30 g/1 biscuit) Servings Per Container approx. 60 Portions par contenant environ 60	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 6 g	<b>9 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 5 mg	<b>2 %</b>
<b>Sodium / Sodium</b> 105 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 18 g	<b>6 %</b>
<b>Fibre / Fibres</b> 1 g	<b>4 %</b>
<b>Sugars / Sucres</b> 11 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	6 %

**DOUBLE CHOCOLATE INGREDIENTS:**  
wheat flour, sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, vanilla extract), modified palm and palm kernel oil and liquid canola oil margarine, liquid whole eggs, invert sugar, cocoa powder processed with alkali, molasses, water, sodium bicarbonate, natural flavour, salt.

<b>WHITE CHOCOLATE MACADAMIA NUT</b>	
<b>Nutrition Facts</b> <b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie) Portion 1 1/2 tbsp (30 g/1 biscuit) Servings Per Container approx. 60 Portions par contenant environ 60	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 140	
<b>Fat / Lipides</b> 7 g	<b>11 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 10 mg	<b>3 %</b>
<b>Sodium / Sodium</b> 100 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 17 g	<b>6 %</b>
<b>Fibre / Fibres</b> 0 g	<b>0 %</b>
<b>Sugars / Sucres</b> 11 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	4 %

**WHITE CHOCOLATE MACADAMIA NUT INGREDIENTS:**  
wheat flour, sugar, white chocolate chunks (sugar, cocoa butter, milk, soy lecithin, vanilla extract, salt), modified palm and palm kernel oil and liquid canola oil margarine, liquid whole eggs, macadamia nuts, invert sugar, molasses, water, sodium bicarbonate, natural flavour, salt.

<b>PEANUT BUTTER</b>	
<b>Nutrition Facts</b> <b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie) Portion 1 1/2 tbsp (30 g/1 biscuit) Servings Per Container approx. 60 Portions par contenant environ 60	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 140	
<b>Fat / Lipides</b> 9 g	<b>14 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 5 mg	<b>2 %</b>
<b>Sodium / Sodium</b> 105 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 15 g	<b>5 %</b>
<b>Fibre / Fibres</b> 1 g	<b>4 %</b>
<b>Sugars / Sucres</b> 8 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

**PEANUT BUTTER INGREDIENTS:**  
wheat flour, sugar, modified palm and palm kernel oil and liquid canola oil margarine, peanut butter (peanuts), liquid whole eggs, molasses, sodium bicarbonate, natural flavour, water, salt.

<b>MONSTER</b>	
<b>Nutrition Facts</b> <b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie) Portion 1 1/2 tbsp (30 g/1 biscuit) Servings Per Container approx. 60 Portions par contenant environ 60	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 6 g	<b>9 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 5 mg	<b>2 %</b>
<b>Sodium / Sodium</b> 95 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 18 g	<b>6 %</b>
<b>Fibre / Fibres</b> 0 g	<b>0 %</b>
<b>Sugars / Sucres</b> 11 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

**MONSTER INGREDIENTS:**  
wheat flour, sugar, candy coated milk chocolate (milk chocolate [sugar, cocoa butter, chocolate liquor, whole milk powder, soy lecithin, vanilla] sugar, artificial colours, corn syrup, wax, dextrin), modified palm and palm kernel oil and liquid canola oil margarine, liquid whole eggs, invert sugar, molasses, water, sodium bicarbonate, natural flavour, salt.

**Allergy information:** Contains wheat, milk, eggs, soy. Processed in a plant that contains peanuts, tree nuts, sulphites and tartrazine. All cookies are Orthodox Union Kosher Certified (OUD).

## FUTURE FUNDRAISING

1.877.767.9546

[www.futurefundraising.com](http://www.futurefundraising.com)

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## Scoops Gourmet Cookie Dough

# Nutritional Information

BUTTERY SHORTBREAD	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 60	
Portions par contenant environ 60	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 150	
<b>Fat / Lipides</b> 9 g	<b>14 %</b>
Saturated Fat / Lipides saturés 4.5 g	<b>24 %</b>
+ Trans Fat / lipides trans 0.2 g	
<b>Cholesterol / Cholestérol</b> 15 mg	<b>5 %</b>
<b>Sodium / Sodium</b> 75 mg	<b>3 %</b>
<b>Carbohydrate / Glucides</b> 15 g	<b>5 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 6 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

SUGAR COOKIE	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 60	
Portions par contenant environ 60	
Amount	% Daily Value*
Teneur	% valeur quotidienne*
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 7 g	<b>11 %</b>
Saturated Fat / Lipides saturés 2.5 g	<b>13 %</b>
+ Trans Fat / lipides trans 0 g	
Polyunsaturated / polyinsaturés 0.9 g	
Monounsaturated / monoinsaturés 2.5 g	
<b>Cholesterol / Cholestérol</b> 10 mg	<b>3 %</b>
<b>Sodium / Sodium</b> 115 mg	<b>5 %</b>
<b>Carbohydrate / Glucides</b> 16 g	<b>5 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 8 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	8 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %
*Based on a 2,000 Calorie diet.	
Calories per gram	
Fat 9	Carbohydrate 4 Protein 4
*Selon un régime alimentaire de 2 000 calories.	
Calories par gramme	
Lipides 9	Glucides 4 Protéines 4

GINGER MOLASSES	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 45	
Portions par contenant environ 45	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 120	
<b>Fat / Lipides</b> 3.5 g	<b>5 %</b>
Saturated Fat / Lipides saturés 1.5 g	<b>8 %</b>
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol</b> 5 mg	<b>2 %</b>
<b>Sodium / Sodium</b> 105 mg	<b>4 %</b>
<b>Carbohydrate / Glucides</b> 20 g	<b>7 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 12 g	
<b>Protein / Protéines</b> 2 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	6 %

### BUTTERY SHORTBREAD INGREDIENTS:

wheat flour, icing sugar (contains corn starch), modified palm and palm kernel oil and liquid canola oil margarine, butter, natural and artificial flavours.

### SUGAR COOKIE INGREDIENTS:

wheat flour, modified palm and palm kernel oil and liquid canola oil margarine, sugar, icing sugar (contains corn starch), liquid whole eggs, sodium bicarbonate, natural and artificial flavours, baking powder, salt.

### GINGER MOLASSES INGREDIENTS:

wheat flour, sugar, modified palm and palm kernel oil and liquid canola oil margarine, fancy molasses, liquid whole eggs, invert sugar, sodium bicarbonate, spices.

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# Scoops "Healthy Choice" Gourmet Cookie Dough

## Nutritional Information

Trans Fat Free | Low in Saturated Fat | A Source of Iron

HEALTHY CHOICE CHOCOLATE CHIP	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 60	
Portions par contenant environ 60	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 120</b>	
<b>Fat / Lipides 4.5 g</b>	<b>7 %</b>
Saturated Fat / Lipides saturés 1.5 g	8 %
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol 5 mg</b>	<b>2 %</b>
<b>Sodium / Sodium 105 mg</b>	<b>4 %</b>
<b>Carbohydrate / Glucides 20 g</b>	<b>7 %</b>
Fibre / Fibres 1 g	4 %
Sugars / Sucres 11 g	
<b>Protein / Protéines 1 g</b>	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	6 %

**HEALTHY CHOICE CHOCOLATE CHIP INGREDIENTS:**  
wheat flour, sugar, modified palm and palm kernel oils and liquid canola oil margarine, semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract), invert sugar, water, liquid whole eggs, molasses, sodium bicarbonate, modified milk ingredients, natural flavour, salt.

HEALTHY CHOICE OATMEAL RAISIN	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 60	
Portions par contenant environ 60	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 120</b>	
<b>Fat / Lipides 4.5 g</b>	<b>7 %</b>
Saturated Fat / Lipides saturés 1.5 g	8 %
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol 10 mg</b>	<b>3 %</b>
<b>Sodium / Sodium 85 mg</b>	<b>4 %</b>
<b>Carbohydrate / Glucides 18 g</b>	<b>6 %</b>
Fibre / Fibres 1 g	4 %
Sugars / Sucres 9 g	
<b>Protein / Protéines 2 g</b>	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

**HEALTHY CHOICE OATMEAL RAISIN INGREDIENTS:**  
wheat flour, oats, sugar, modified palm and palm kernel oil, liquid canola oil margarine, raisins, liquid whole eggs, invert sugar, molasses, water, sodium bicarbonate, spice, natural flavour, salt.

HEALTHY CHOICE DARK & WHITE CHOCOLATE CHUNKS	
<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size 1 1/2 tbsp (30 g/1 cookie)	
Portion 1 1/2 tbsp (30 g/1 biscuit)	
Servings Per Container approx. 60	
Portions par contenant environ 60	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 120</b>	
<b>Fat / Lipides 4.5 g</b>	<b>7 %</b>
Saturated Fat / Lipides saturés 1.5 g	8 %
+ Trans Fat / lipides trans 0 g	
<b>Cholesterol / Cholestérol 5 mg</b>	<b>2 %</b>
<b>Sodium / Sodium 105 mg</b>	<b>4 %</b>
<b>Carbohydrate / Glucides 19 g</b>	<b>6 %</b>
Fibre / Fibres 0 g	0 %
Sugars / Sucres 11 g	
<b>Protein / Protéines 1 g</b>	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	4 %

**HEALTHY CHOICE DARK & WHITE CHOCOLATE CHUNK INGREDIENTS:**  
wheat flour, sugar, canola oil and modified palm and palm kernel oil margarine, invert sugar, semi-sweet chocolate chunks (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla extract, salt), white chocolate chunks (sugar, cocoa butter, whole milk powder, soy lecithin, vanilla extract, salt), water, liquid whole eggs, molasses, modified milk ingredients, sodium bicarbonate, natural flavour, salt.

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